



MISSIONARY PHYSICAL REQUIREMENTS

These are the things we need to smoothly complete your missionary physical.

Prior to your appointment:

- Call our office at 435-586-7676 to schedule a nurse visit with one of our Medical Assistants, and schedule your missionary physical 2 days after the nurse visit.
- In your nurse visit we will place your TB test and give you a lab order for bloodwork.
- Go to a lab draw station (IHC) to have your bloodwork completed. The results will normally be sent to your provider within 2 days.

Bring the following to your appointment for the physical:

- Mission paperwork packet from the LDS church website, which includes:
 - Personal Health History Form
 - Additional Health History Form
 - Physician's Health Evaluation Form.
- Stamped envelope with your Bishop's name and address
- All immunization records
- Full bladder for a urine test
- Glasses or contact lenses for the eye exam portion of exam
- \$50 payment for self-pay patients **or** insurance card

After your Appointment:

- Your missionary packet will be submitted to your bishop for processing.
- You may need to return for additional immunizations. Some immunizations are only available at the Health Department.